Take up your cross

"Take up your cross," the Savior said,
"if you would my disciple be;
take up your cross with willing heart,
and humbly follow after me."

2) Take up your cross; let not its weight fill your weak spirit with alarm; Christ's strength shall bear your spirit up and brace your heart and nerve your arm.

3) Take up your cross, heed not the shame, and let your foolish heart be still; the Lord for you accepted death upon a cross, on Calv'ry's hill.

4) Take up your cross, then, in Christ's strength, and calmly ev'ry danger brave: it guides you to abundant life and leads to vict'ry o'er the grave.

Text: Charles William Everest (1833) Melodie: Felix Mendelssohn Bartholdy Bibelstelle: Markus 8,34